

CAL MAG 1:1 with D3

- Citrate and oxide forms of both calcium and magnesium are highly bioavailable
- Contains mineral rich Watercress, Parsley and Alfalfa for additional bio-availability
- Vegetarian formula in vegetarian capsule
- Vitamin D3 from lanolin- "The Sunshine Vitamin" promotes absorption of minerals
- Optimal healthier 1:1 ratio of Calcium to Magnesium
- Gluten Free
- Contains no artificial flavors, colors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish.

Minerals are sadly lacking in the average diet, for a variety of reasons. Many don't choose foods that are rich in minerals, such as leafy greens, seaweeds, whole grains. It is hypothesized that many of our modern diseases are related to this fact. This isn't surprising, since over 300 processes in the body require these crucial minerals!

The importance of meeting calcium requirements is commonly known for women, but men also benefit from calcium and magnesium supplementation. A whopping 80% of Americans, are deficient in magnesium! Preventing leg cramps and supporting heart health, as well as building stronger healthier bones are just some of the benefits from this combination. Calcium absorption is increased with Magnesium and Vitamin D in the diet.

PRODUCT SPECIFICATIONS

- McGuff Item #008725
- Count Size: 90 Vegetarian capsules per amber glass bottle
- Full bodied tamper-evident sleeves
- Expiration date to guarantee freshness
- Sold individually or in cases of 6 and 12 units

WE GUARANTEE OUR SUPPLEMENTS FOR POTENCY AND PURITY

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Supplement Facts

Amount Per Serving	% Daily Value
Calcium (from citrate)	375 mg 40%
Vitamin D3 (as cholecalciferol)	200 IU 50%
Magnesium (from oxide, citrate)	375 mg 90%

Other Ingredients: Cellulose (vegetable capsule), silica, Watercress (*Nasturium officinale*; leaf), Parsley (*Petroselinum crispum*; leaves), Alfalfa (*Medicago sativa*; aerial parts), magnesium stearate (vegetable source).

SUGGESTED USE: Take up to three capsules daily.

