MAGNESIUM

- Albion labs magnesium lysyl glycinate is magnesium bonded to the amino acids lysine and glycine
- 400 mg elemental magnesium per serving
- Superior absorption and bioavailability
- Supports normal healthy blood pressure and muscle relaxation
- Required for nutrient metabolism, a required cofactor for well over 300 chemical reactions in the body
- Contains no artificial flavors, colors or preservatives; no wheat, gluten, soy, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish.

Minerals are sadly lacking in the average diet, for a variety of reasons. Many don't choose foods that are rich in minerals, such as leafy greens, seaweeds, whole grains. It is hypothesized that many of our modern diseases are related to this fact.

It is estimated that 72% of Americans are deficient in magnesium. 83% of diabetics are deficient. The prevalence of heart disease, diabetes, even leg cramps may be directly related to magnesium deficiency. This important trace mineral is also crucial in energy production (ATP).

Magnesium is an essential mineral that is a required cofactor for well over 300 chemical reactions in the body. It takes part in more chemical reactions than any other nutrient. Our Gold Standard Magnesium is from Albion labs, and consists of magnesium lysyl glycinate.

PRODUCT SPECIFICATIONS

- McGuff Item #008785
- Count Size: 90 Vegetarian Tablets in a white HDPE bottle
- Full bodied tamper-evident sleeves
- · Expiration date to guarantee freshness
- · Sold individually or in cases of 6 and 12 units

WE GUARANTEE OUR SUPPLEMENTS FOR POTENCY AND PURITY

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Supplement Facts

Serving Size: 3 Tablets

	Amount Per Serving	% Daily Value
Magnesium (as amino acid chelate)*	400 mg	100%

Other Ingredients: Cellulose, cellulose gum, vegetable stearin and magnesium stearate.

*Supplied by Albion Advanced Nutrition as Chelazome® Magnesium.



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